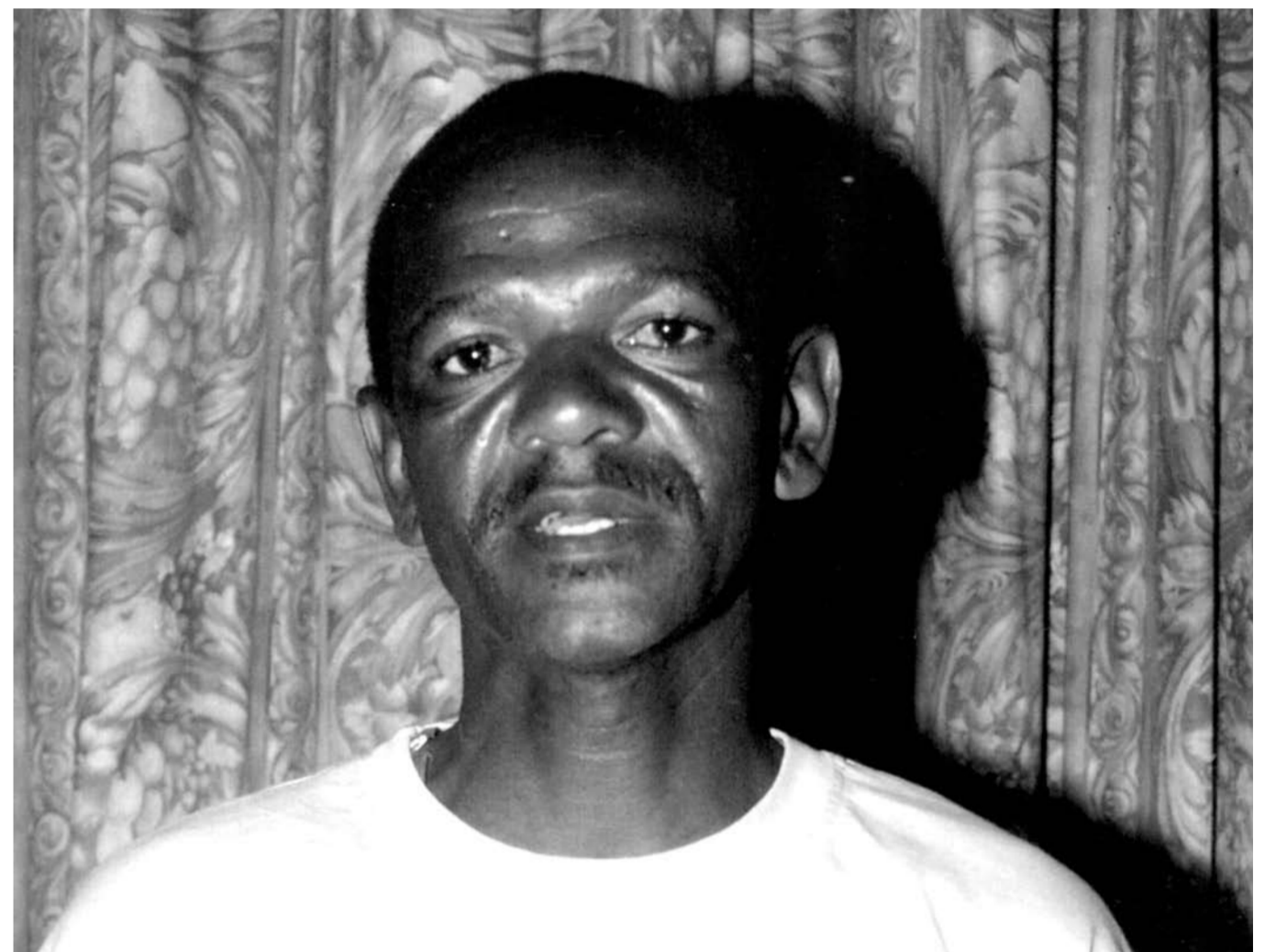


get tested for **TB**  
**it can be**  
**CURED**

## *TB can be prevented*

Everyone can do something to prevent the spread of TB:

- Get tested for TB if you have any symptoms, especially if you are coughing or losing weight.
- If you are HIV-positive, ask your clinic to check you for TB regularly.
- Cover your mouth when you sneeze or cough.
- If someone near you is coughing, look the other way and cover your mouth.
- Open windows, especially in crowded rooms and taxis.
- If you have TB, you must take the right medicines. You must take them on time everyday, even after you feel better.



*I had TB.  
I got tested and treated.  
Now I am cured.*

Fikile Boyce

## *Symptoms of TB*

Coughing for two weeks or more

Coughing up thick liquid or blood

Chills, fever, nausea or night sweats

Weight loss and loss of appetite

Chest pain or problems breathing

Pain or swelling of your tummy

Pain or blood when you pee

Aches and pains in spine or joints

Reproductive problems